

**Our services are offered to all families at no cost.**

**Our Programs include:**

- Residential Hospice for Adults
- Volunteer Visiting for Adults and Children
- Day Wellness for Adults and Children
- Grief and Bereavement Programs for Adults and Children
- Individual Counselling for Adults and Children
- Camp Keaton for Children and Teenagers ages 7 - 17 years.



277 Stone Church Road East, Hamilton, ON L9B 1B1  
T 905.387.2448 TF 888.449.3440 F 905.387.7822  
info@kemphospice.org



[www.kemphospice.org](http://www.kemphospice.org)

**WE ARE HERE TO SUPPORT YOU**

These are some of the ways our programs can support your family:

- Making time to complete daily tasks
- Making time for yourself
- Sitting down for a quiet moment
- Getting to know other families with a seriously ill child
- Creating fun and stimulating activities with your child through music, play and sensory activities
- Finding time to spend with other children in your home
- Providing support when you feel overwhelmed or are grieving

**We have created programs to build supports for you, your child and your whole family. We invite you to enjoy any of our special programs which include:**

- Day Wellness Program
- Volunteer Visiting Program
- Sibling Support
- Grief and Loss Support

**Through our programs special moments and memories are created.**



# Support for Children

## Living with Serious Health Conditions



## Children's Volunteer Visiting Program

The volunteer visiting program provides a matched volunteer for two hours per week to support the caregiver in their home. Working with the caregiver's needs, the volunteer can provide companionship and enhanced social supports in the following ways:

- Light housekeeping, meal prep and clean up around the home
- An outing to the park and/or play ground
- A listening ear or companionship
- Outing to appointments
- Childminding while caregiver rests and/or does other activities around the home (provided child's medical needs are stable)
- Assistance with homework
- Reading, playing and doing crafts with the child and/or siblings



## Who May Participate

- A child under the age of 18 with a serious illness that lives at the home
- For both, the volunteer visiting program and day wellness program, a caregiver must be present and able to attend to all of the child's medical and personal care needs. If any life saving interventions are required emergency medical services will be called

## Children's Day Wellness Program

Our day wellness program is designed for interactive play and social time for your child and the caregiver. Once a week from 10am -12pm children and caregivers come to the hospice where the day wellness program can benefit families in the following ways:

- The children engage with each other and are able to participate in our multisensory area
- The parents connect and offer each other support and networking
- We offer compassionate listening, music therapy and sensory stimulation in a kind supportive atmosphere

*"It's just so lovely to be able to come and spend time with other children and parents. It's nice to connect and know that we are not in this alone."* - Parent

*"It's so nice to see the interaction between the kids....., they have found a friend."* - Volunteer

## How To Join Our Programs

Complete and submit the application found online or by calling the contact information below. A member of our team will set up an appointment to meet with the caregiver in the home to discuss some of the ways our programs can assist with supportive care needs.

**Contact** the Coordinator of Children and Family Support Programs or go online for an application

**905.387.2448 | kemphospice.org**

## Supportive Care & Counseling

We offer caregiver support groups, counseling, grief and bereavement programs for children, adults and families. Most Groups are 6 - 8 weeks in length.

## Camp Keaton

Camp Keaton is a bereavement camp for children and teenagers ages 7-17 years grieving a significant death. Camp Keaton provides a traditional, fun and high-energy camp experience, combined with grief education and emotional support. The camp is staffed by bereavement professionals and trained volunteers. Applications are accepted until March 31 each year for the annual camp in June.

## Family Nights

Throughout the year we hold themed activity nights for families with children who have experienced the death of a loved one. Children and caregivers participate in interactive activities together as a group, have separate caregiver/child check-in support and then regroup for another activity. Themes include pumpkin painting, gingerbread house decorating, grieffiti and more.

