



Dr. Bob Kemp

# BECAUSE OF YOU...

We Are **Celebrating 25 Years** of  
Building Hospice Palliative Care

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# CELEBRATING 25 YEARS OF SUCCESS



**1980-1994**

Dr. Kemp and the East Hamilton-Stoney Creek Health Association advocated for palliative care



**1991**

Charitable Status Granted

**1992**

**Dr. Bob Kemp Foundation Opens** - served the community with local volunteers

**1994**

First Day Hospice Program at Church of the Redeemer in Stoney Creek, ON established

**1998**

**Volunteer Home Visiting Program** established

**1998**

Dr. Bob and Mildred donated their home to allow the hospice programs more space

**2001**

**Bereavement Programs** established

**2004**

Land donated by Iris Berryman for a residential hospice building

**2004**

**Music Therapy Program** established

**2007**

**August 13th we welcomed our first patient** to our no-fee 10 bed residential hospice in Hamilton

**2007**

July 26th ribbon cutting for residential hospice



**2012**

**Camp Erin Hamilton** established - children's bereavement support

**2017**

**Celebration of 25 years** in community palliative care, **10 years** for our residential building, **5 years** for Camp Erin Hamilton!



Providing excellence in care to individuals and families living with a progressive life-limiting illness.

## MISSION

Inspired by the vision of Dr. Bob Kemp, we compassionately serve the emotional, physical, social and spiritual needs of individuals living with a progressive life-limiting illness until the end of life. We support them, their bereaved and our community through our residential, outreach and bereavement programs.

## VISION

We collaboratively lead, shape and deliver compassionate hospice palliative care.

## VALUES

- Dignity & Integrity
- Diversity
- Compassion, Kindness
- End of Life and Respect
- Continuous Enquiry and Learning

# THANK YOU!

**JANE EVANS**, *Chair of the Board of Directors*

This year we celebrate a number of milestones. It is our twenty-fifth year of offering community day hospice and bereavement support services; ten years ago we welcomed our first patient and her family to our residence – the first of nearly 1000 today; and, five years ago we began Camp Erin Hamilton for bereaved children. As we reflect on our humble past, we know that our growth came from Dr. Bob and Mildred's passion to care for people, a passion gratefully supported by donors and volunteers. Without the collective support of government and our community we are unable to provide our services.

After twenty-five years, our depth of experience in hospice care will propel our vision forward. To do so, we introduced new medical directors who bring a wealth of knowledge of international and Canadian hospice palliative care. We introduced improvements to our volunteer and bereavement education programs and trained more children's

bereavement camp volunteers. We also increased our partnerships with Hamilton Health Sciences and introduced new learning opportunities at both McMaster and York University.

In reviewing our annual general report, we hope you are as proud of our work as we are. I hope you will see that we will remain deeply grateful to our founder, his wife Mildred and his daughter Linda and son-in-law Bruce Hutchinson, the Stoney Creek Health Fund, the many staff and volunteers and our donors for their passion and commitment to our hospice. We will keep their spirit burning in our hearts as we collaboratively lead, shape and deliver compassionate hospice palliative care in our community for years to come.



## BOARD OF DIRECTORS 2016/17

**Chair:**

Jane Evans

**Secretary:**

Nancy Donohue

**Directors:**

Dave Lumsden

Rick Simmons

Lu Cacioppo

Jim Panoff

Richard Whiting

Janice Shearer

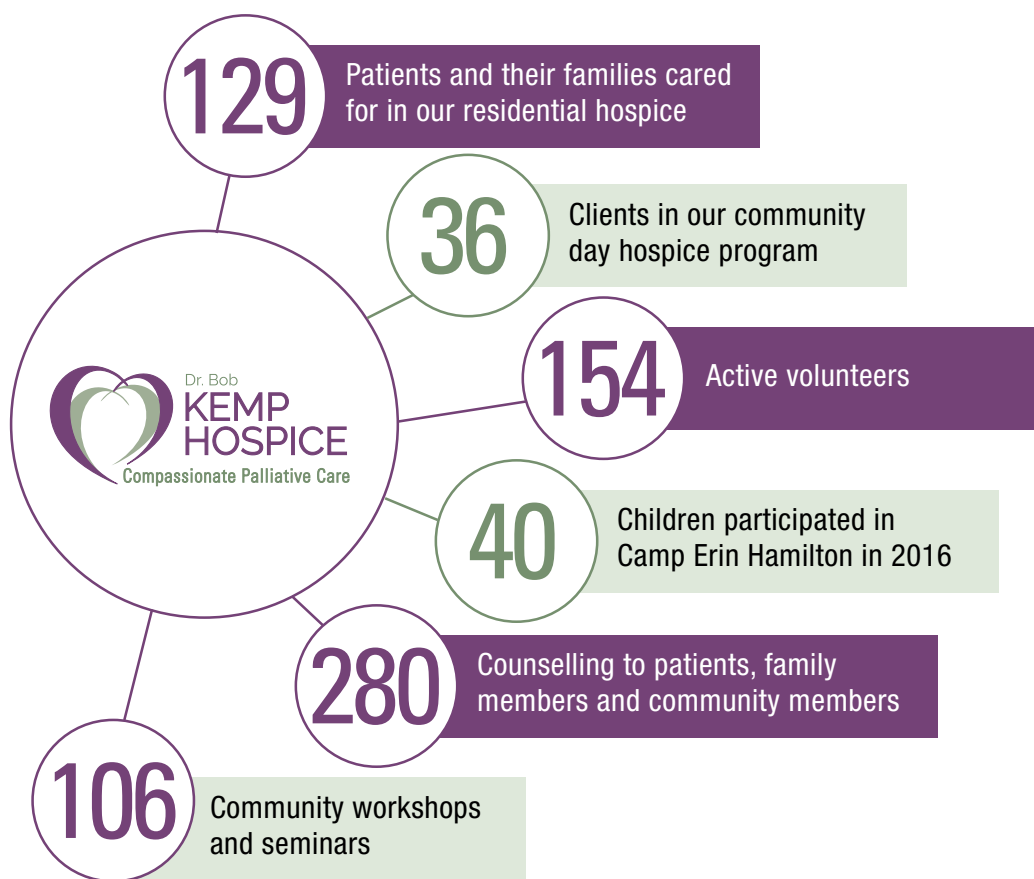
Lynda Fraser

Ruby Sarmiento Amog

Ann Holton

Shairoz Kherani

## YEAR IN REVIEW



## BOARD OF DIRECTORS 2017/18

**Chair:**

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**Secretary:**

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Lu Cacioppo

Jim Panoff

Richard Whiting

Janice Shearer

Lynda Fraser

Ruby Sarmiento Amog

Ann Holton

Shairoz Kherani



# EXECUTIVE DIRECTOR'S REPORT

**CLARE FREEMAN, CYW, BA, MSW, RSW**

On behalf of our team at the Dr. Bob Kemp Hospice, we would like to thank our community for contributing to and supporting us. We know that it is the community that built our services and allows us to serve and provide excellent hospice palliative approaches to care.

As you review this annual report, I know you will see the amazing work we have accomplished this year. This report is special because we are celebrating three important milestones. We would like to welcome our new medical director's Dr. Kanani and Dr. Russell who come with a wealth of experience and knowledge.

This year is our twenty-fifth anniversary. This is quite a milestone as we reflect back at our humble beginnings as a small group around a kitchen table. The initial community supports of day hospice, bereavement and volunteer visiting programs began the momentum toward realizing Dr. Bob and Mildred Kemp's vision of opening our ten bed residential hospice. Our second milestone is the ten years since we opened our doors to help those at end of life. I'd like to thank the Government of Ontario for their initial hospice funding, in 2006, that made our hospice possible and the increased funding, in 2016, that allows us to continue to expand our services. Our final milestone is celebrating five years since we partnered with the Moyer Foundation to offer Camp Erin Hamilton, our children's bereavement camp.

We are taking the lessons learned from all our milestones and will apply these experiences to continue to build and improve hospice palliative care approaches. Thank you all for your support and belief in the Dr. Bob Kemp Hospice.



## A NOTE ABOUT OUR 2016-17 DEVELOPMENT TEAM

### SUE BOYCHUCK

A special note and thank you to Susan Boychuk who consulted with us over this year. Her invaluable assistance helped us to develop our strategy looking forward and to deepen our roots in our community. Through these contributions we continue to lead in palliative care approaches.

### DANIELLE ZUCCHET

Director of Development starting September 11, 2017.

Danielle joins our team with a passion for non-profit work in the area of palliative care. Her knowledge and experience in the healthcare sector, combined with her ability to anticipate and strategize, will propel us even further on our path as a leader in hospice palliative care.

## A SPECIAL THANK YOU

*"We would like to recognize Doreen Stallard as a founding volunteer and for twenty-three years of dedicated support of the Dr. Bob Kemp Hospice. In 1994, she joined Dr. Kemp and dedicated herself to the hospice. She was instrumental in getting the day hospice program up and running and sustaining it for the last twenty years. Today, she continues to help out and handcrafts our day hospice volunteer name tags. Doreen is our longest standing volunteer and continues to be invaluable to our success. Thank you Doreen for twenty-three years of commitment to Dr. Bob and Mildred's dream."*

**— DOREEN STALLARD**

*Founding Volunteer for 23 Years*



# OUR NEW MEDICAL DIRECTORS

## DR. SABIRA KANANI

## DR. SHARON RUSSELL



**Dr. Sabira Kanani** hails originally from Birmingham, UK. She completed her medical school and licensure of the General Medical Council of the UK in the West Midlands. Following this, she immigrated to Australia where she worked for two years as a Senior House Officer and Registrar in Palliative care.

During this time she was the senior registrar managing the inpatient palliative care unit at Canossa Hospital in Southern Brisbane.

In 2011, she immigrated to Canada and took up a residency position in Family Medicine at the University of Toronto at Credit Valley Hospital. Upon completion of her training in 2014, she was employed at Hamilton Health Sciences at the Juravinski Hospital providing inpatient consultation for the palliative care service before also becoming one of the medical directors at Dr. Bob Kemp Hospice.

She is married and has two young sons, who were both born at McMaster Children's Hospital.

**Dr. Sharon Russell** received her MD from McMaster University in 1989 where she also completed training in Internal Medicine and Medical Oncology. She subsequently received Certification in Palliative Care. Dr. Russell is an active staff physician and faculty member in the Department of Oncology at Juravinski Hospital and Cancer Centre and McMaster University.

Her practice focuses on palliative care in patients with cancer and she has held a number of leadership positions in palliative care. She is the past Head of Palliative Care at Hamilton Health Sciences, was a member of the inaugural Cancer Care Ontario Provincial Palliative Care Committee and the Regional Lead for Palliative Care for the HNHB LHIN from 2005 to 2011.

In 2016, Dr Russell was appointed a co-Medical Director at the Dr. Bob Kemp Hospice. In addition to her work at the Cancer Centre and the Hospice, Sharon is a practicing physician with the Hamilton Shelter Health Network and continues to pursue chaplaincy studies at the University of Toronto.

# FINANCIAL AUDIT

## THE DR. BOB KEMP HOSPICE FOUNDATION INC.

Statement of Financial Position

March 31, 2017, with comparative information for 2016



DAVID MARKS, CPA, CA



	2017	2016
<b>Assets</b>		
Current assets:		
Cash	\$ 316,172	\$ 357,873
Accounts receivable (note 2)	24,576	25,025
Prepaid expenses	30,530	32,540
	371,278	415,438
Designated funds - Camp Erin (note 3)	42,683	76,232
Contingency reserve investments (note 4)	758,753	454,654
	1,172,714	946,324
Property and equipment (note 5)	4,026,817	4,164,600
	\$ 5,199,531	\$ 5,110,924

## Liabilities and Net Assets

Current liabilities:		
Accounts payable and accrued liabilities (note 6)	\$ 117,088	\$ 156,684
Deferred revenue (note 7)	130,978	147,243
	248,066	303,927
Deferred revenue – Camp Erin (note 8)	42,683	76,232
	290,749	380,159
Deferred capital contributions (note 9)	1,015,088	1,070,852
Net assets:		
Unrestricted	123,212	111,511
Internally restricted – contingency reserve (note 10)	758,753	454,654
Invested in property and equipment (note 11)	3,011,729	3,093,748
	3,893,694	3,659,913
Commitments (note 14)		
	\$ 5,199,531	\$ 5,110,924

For the full Audited Financial Statements please contact Dr. Bob Kemp Hospice.

# FINANCIAL AUDIT, CONT'D

## THE DR. BOB KEMP HOSPICE FOUNDATION INC.

### Statement of Operations and Changes in Net Assets

Year ended March 31, 2017, with comparative information for 2016

	2017	2016
Revenues:		
Grants	\$ 1,467,353	\$ 1,287,511
Donations	750,235	949,633
Special events	393,047	465,318
Other	14,044	10,703
	2,624,679	2,713,165
Expenses:		
Wages and benefits	1,848,220	1,917,629
Advertising and promotion	53,295	47,659
Interest and bank charges	12,064	12,820
Insurance	13,432	11,062
Office expense	27,995	24,776
Professional development	16,281	8,557
Professional fees	22,782	11,186
Program and services	60,163	49,649
Repairs and maintenance	49,877	45,015
Travel	7,222	9,621
Special events	140,996	148,982
Utilities	59,787	51,641
	2,312,114	2,338,597
Excess of revenues over expenses before the undernoted items	312,565	374,568
Other expenses (income):		
Amortization of property and equipment	173,479	181,775
Amortization of deferred capital contributions	(78,689)	(76,745)
Interest income	(3,405)	(2,743)
Camp Erin - revenues	(56,934)	(38,536)
Camp Erin - expenses	44,333	36,789
	78,784	100,540
Excess of revenues over expenses	233,781	274,028
Net assets, beginning of year	3,659,913	3,385,885
Net assets, end of year	\$ 3,893,694	\$ 3,659,913

For the full Audited Financial Statements please contact Dr. Bob Kemp Hospice.



# RESIDENTIAL HOSPICE

**DEBBIE ROBINSON, Reg N, CHPCN(C)**  
*Director of Residential Care*

In 2016/2017 we were privileged to care for 129 residents and their families. Since opening our doors in 2007, the residential hospice has served 938 individuals and their families.

Through our Director of Residential Care and Clinical Nurse Specialist, the Dr. Bob Kemp Hospice continues to work collaboratively with the other hospices within our LHIN and Emmanuel House. We have also continued our partnership with the Hamilton Family Health Team, representing approximately 165 family doctors that generate many of our hospice referrals.

Our work continues to include the personalization of symptom management through individual care plans and continuous education for our staff. Our staff proudly represents and delivers our mission of compassionately serving our residents and their families emotionally, physically, socially and spiritually.

The RN's, RPN's and PSW's work hard to respect and honour the residents' and families' wishes for lasting legacies and to help with celebrating special events. They foster dignity and quality of life by promoting positive memories and experiences. We strive to enable our residents to live fully every day.



## UPDATE ON CARE PLAN

Standardized care plan for dyspnea to be implemented at our June 2017 meeting. Next steps are to develop and implement standardize care plans for bowel and bladder elimination as well as reverse hypodermoclysis.

## EDUCATION AND TRAINING

### LEARNING ESSENTIAL APPROACHES TO PALLIATIVE & END OF LIFE CARE (LEAP):

Leoncie Ntigirankabo and Sharon Alvarenga-Carballo completed LEAP; Gayle Jansen-Van Doorn completed mini LEAP.

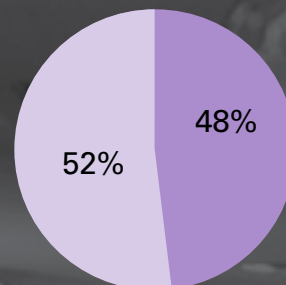
### FUNDAMENTALS OF PALLIATIVE CARE TRAINING:

Jenny Clause, Damiana Montagnese, Jessica Gladu and Amanda Glover-Truffen.

## 2016/17 RESIDENTS:

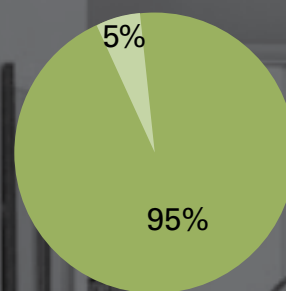
### Gender

Male  
Female



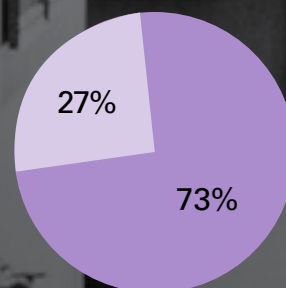
### Type of Diagnosis

Cancer Diagnosis  
Non-Malignant Diagnosis



### Age of Patients

Over 65  
Under 65



- Average age: **73**
- **383** referrals
- **200** assessments
- Weekend admittance: **12%**
- Daily occupancy: **87%**
- Hospital referrals: **32%**
- Home referrals: **68%**



# KITCHEN REPORT

**KYLIE NATTRESS**, *Kitchen Manager*

The kitchen at the Hospice is a very special place filled with love, laughter and generosity. You'll always find fresh baked treats in the Hospice kitchen made by all the wonderful and talented volunteers who help with the daily kitchen activities and share their love of baking with us.

Our dedicated staff and volunteers work hard to provide our residents with their favourite foods, just like at home. There's always something to nourish our residents and their loved ones and, because we welcome all members of our community, we ensure there is something for everyone. We always have a vegetarian option as well as a cream-based and a broth-based soup available daily. Our soup, a symbol of comfort and warmth, feeds sixty-five people every day.

When we are aware of a special day, like a birthday, anniversary or family event, we embrace the celebration by making their favourite meal and pulling out white linen and china for a memorable candle-lit dinner. Like always, it's the little things that turn a house into a home. We couldn't do all the wonderful things we do without our dedicated volunteers.



**-THANK YOU!**

"We couldn't do all the wonderful things we do without our dedicated volunteers."



**THANK YOU!** TO THE OTHER MEMBERS OF OUR HOSPICE TEAM:



**Melissa Howes**,  
*Payroll/Administration  
Coordinator*



**Bruce Thomson, Lynda,  
Ed Moriarty** (Not pictured),  
*Building & Maintenance Team*



**Karen Nowicki**,  
*Senior Administrative  
Assistant*



**Norma Pacifici**,  
*Manager of  
Finance*

# DAY HOSPICE & VISITING VOLUNTEER PROGRAM

**CHERYLYN KISLOSKY-MCLELLAN, RBA, RPN**  
*Manager of Volunteer Programs*

Following Dr. Kemp's vision of offering quality care at end of life, we continue to host a weekly day program for those who are suffering with a progressive life-limiting illness. Twenty-five years ago, Dr. Kemp and his wife Mildred invited folks into their home to share space for conversation, legacy work and music.

Volunteer Doreen Stallard, who helped Dr. Kemp and the sick at his home weekly, is still involved with the day program and is celebrating her twenty-third year as a hospice volunteer. She is a historian for the newer volunteers, filled with stories of life and celebration from those approaching death.

On Wednesdays this year, we have offered complementary therapies including reflective yoga, massage therapy, touch therapy and reflexology. We often include themes, like beach party, opposite day and Olympics. Some special events and demonstrations offered are consignment shopping for those who cannot get to plazas easily to make it possible for them to share their collections; the Hamilton Health Unit performed a demo on "healthy cooking for one"; musical performance takes us to "time and place," such as performances from The Hamilton HarmoKnights, Music by Sally and Glenn, Joan Greer and The Salvation Army band. Also, the Turner Park Library welcomed us to display the water colour art created by day program clients in their gallery for the month of April again.



*"I had a good afternoon with her and she slept. She had a good night. At the end of the time she said she could talk more. Then she sang, so I sang for the last 10 minutes again. I told her I'd be back soon."*

**CARLA BORSINI**

1:1 volunteer

## DAY HOSPICE STATS 2016/17

**Total Number of Volunteers: 154**

Including NIE Spa, Mohawk College and gardeners.

**Total Number of New Volunteers: 15**

New, active and residential volunteers submitting monthly hours. This does not include students or gardening team.

**Number of Clients in Day Hospice: 36**

**Number of Clients in Visiting Volunteer Program: 31**

**Clients using both Day Hospice & Visiting Volunteer Program services: 56**



## TESTIMONIALS:

*"...(Molly has) compassion in sharing time, doing what (John) is able to manage."*

**KAREN LOGAN, CAREGIVER**

*About her husband's visiting volunteer, Molly Gao*

*"...with Millie today. I read  
and some orange juice.  
said again that she wished  
he said I should pick a  
5 minutes and she slept  
on Tuesday..."*

**TAD KLASSEN, VOLUNTEER**  
*visiting at bedside at the Hospice*



*"Walking into Day Hospice is like walking into  
a big warm loving hug. A place to explore your  
hidden talents or just relax and have fun."*

**MARY MELNYK,**

*Day Hospice client*





# THANKING OUR COMMUNITY

From the group of friends and neighbours who helped Dr. Bob and Mildred Kemp in Stoney Creek twenty-five years ago to the many committed and dedicated individuals, groups and organizations who support us, our community is still the backbone that supports the Dr. Bob Kemp Hospice.

In 2016/17 the Dr. Bob Kemp Hospice reached three great milestones: twenty-five years of day hospice, visiting volunteers and bereavement support; ten years of residential care; and, five years of Camp Erin Hamilton. We believe that following the vision of the Hospice is essential to its success and achievement of these anniversaries: we collaboratively lead, shape and deliver compassionate hospice palliative care.



Liz Laing, Doreen Stallard, Patti Dudek, Simon Vandyken, Kathie Kielb.



July 26, 2007 ribbon cutting for residential hospice



Dave Lumsden & Clare Freeman



Gentlemen's Charity



Bill & Denise

## LEAVING A LEGACY

This year we added over 66 books to our Honouring Lives Library, where donors are recognized for their remarkable, cumulative donations with books for them to fill with memories, pictures and stories of their loved ones, friends and colleagues. Many of the books represent legacy gifts.

Including the Dr. Bob Kemp Hospice in your bequest is a way to allocate funds directly to your charity of choice. Other books come from companies and charitable groups, like the Gentlemen's Charity, who collectively donated over \$30,000 and now sit in our library.

**Iris Berryman (pictured)** and her husband Allan who donated the land in 2004, that is now our residential hospice.



Iris Berryman



# FOR 25 YEARS OF SUPPORT!

A SPECIAL THANK YOU TO OUR 2016/2017 MAJOR SPONSORS.  
MANY OF THEM HAVE SUPPORTED THE HOSPICE THROUGHOUT THE YEARS.

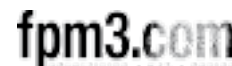
## FUNDERS



## MEDIA PARTNERS



## SPONSORS



se Johnston

Lu Cacioppo & Deloitte Team

Jan & Jan Nichols

Darlene & Phil Groves & Linda & Bruce Hutchinson





# BEREAVEMENT AND SUPPORTIVE CARE

**RACHELLE MCGUIRE, MA, CT, Bereavement and Supportive Care Manager**

This year saw some big changes for our bereavement and supportive care program. We enhanced our volunteer training program to a 10-session, 42-hour program that includes an anti-racist, anti-oppression focus. We have welcomed over 40 new volunteers to our bereavement program in addition to growing our community partnerships, including ones with De La Sol Yoga, the Hamilton Mad Students Collective, the Aboriginal Health Centre and the AIDS Network.

The bereavement program has offered a 10-week spousal loss support group as well as two caregiver support groups. We are looking forward to launching our summer walking group in 2017.

We have provided grief & loss education to a variety of disciplines at McMaster University including those studying medicine, nursing, midwifery, radiology and social work.



**Total clients served: 280**

**Total residential clients served: 234**

**Resident family members served: 156**

**Residents served: 78**

**Community clients served: 46**

- Peer mutual support groups offered
- Spousal loss group
- Caregiver support group

**Total clients: 16**





# MUSIC THERAPY

*SARA KLINCK, MMT, RP, MTA, Music Therapist Accredited, Registered Psychotherapist*

Our Music Therapy team has provided over 300 individual sessions for residents and/or families at the bedside this past year. Music therapy experiences, such as clinical improvisation, song-writing, lyric analysis and song-choice, were used to facilitate reminiscence, relaxation, reduction of negative end-of-life symptoms (i.e. pain, anxiety), communication, creative self-expression and legacy work.

In the Day Hospice Program music therapy group sessions were offered once per month with anywhere from four to twelve participants. Group therapy focused on enhancing interaction and socialization, creative self-expression and promoting feelings of accomplishment through engaging in singing, improvisation, song-writing, instrument-playing and more. Two eight-week Music Therapy Bereavement Groups were offered this past year with five participants. This group employed both live and recorded music in order to help participants identify and express responses to loss and to learn and develop coping skills and resources.

Five Music Therapy Interns (one graduate student and four undergraduate students) received supervision and experience in end-of-life music therapy and bereavement care between May 2016 and March 2017.

In addition to her clinical work at Dr. Bob Kemp Hospice, Music Therapist Sara Klinck also successfully joined the College of Registered Psychotherapists of Ontario and continued her part-time instructing/supervising position at Wilfrid Laurier University.

## PROGRAM

- 8-week topic-based music therapy program (weekly topics are explored together through verbal dialogue and music experiences).

- Weekly topics included:

- 1) Introductory session
- 2) Telling Your Story
- 3) Changes, Challenges, and Coping
- 4) What You Feel
- 5) How You Express
- 6) Supports and Relationships
- 7) Finding Meaning
- 8) Moving Forward.

- MT experiences included: lyric analysis/discussion, songwriting, song-sharing, group singing, clinical instrumental improvisation, lyric improvisation, music listening journals, music and art/drawing/imagery, intentional playlist/CD compilations.





# CAMP ERIN HAMILTON

This was the fourth year we were able to offer bereaved children and youth, ages 6-17 years of age, the opportunity to share and heal with other children like themselves at a grief camp at no cost to the families. In June 2016, forty campers and thirty-four volunteers spent the weekend together at Camp Wenonah in Bracebridge, Ontario.

This camp weekend includes directed grief activities, crafts, canoeing with courage, drum circle, music imagery, fishing, shelter building, archery, rock climbing, other games and of course, campfires. Our Memory Wall Ceremony and Luminary Ceremony are specific opportunities for the campers to share important stories and memories about their loved ones.

Dr. Bob Kemp Hospice's Camp Erin Hamilton is delivered in partnership with The Moyer Foundation, who has an established international model for children's bereavement camps. Under that framework, our camp director and clinical director coordinate activities and the training of volunteers.

This camp is offered at no cost to campers and their families, relying 100% on community donations to keep this important camp moving forward. We hope to expand our children's bereavement support throughout the years to come.

The original Camp Erin was founded in 2000 by World Series Champion pitcher, Jamie Moyer and his wife, Karen. It is named in memory of Jamie and Karen's friend, Erin Metcalf, a remarkable young woman who died of cancer at the age of 17. It has grown to become the largest network of bereavement camps in the country, with a camp in every Major League Baseball city in the United States and four camps in Ontario – Hamilton (Dr. Bob Kemp Hospice), Toronto, Montreal and Cornwall.

## CAMP ERIN HAMILTON ALLOWS CHILDREN AND YOUTH TO:

- Tell their story in a safe environment
- Process grief in healthy ways
- Meet friends facing similar circumstances
- Learn they are not alone
- Build a toolbox of coping skills and resources
- Remember, honour and memorialize those who have died

## • HAVE FUN!

Camp Erin Hamilton is celebrating its fifth year of camp June 9th – 11th, 2017. The Dr. Bob Kemp Hospice Bereavement Program includes Camp Erin Hamilton, an annual three-day bereavement camp offering grief normalization techniques and peer support for children and youth who have experienced the death of someone close to them. Children, youth and their caregivers benefit from this no-fee camp and the program provides the tools needed to help them through their grief.





*"Camp Erin helped me see that I'm not the only person who has lost someone. It showed me that we can come together and be strong together and stand together to show that we are not alone. That we are not the only ones who have lost someone. So, instead of being alone and separate, we can be together."*

– HAILEY, AGE 14

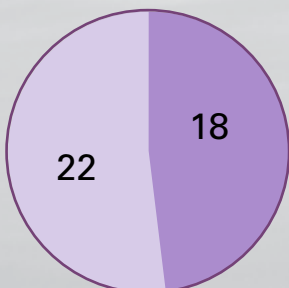
*"It helped me when I learned how to become very calm. It also helped because I got to make friends that have also lost someone. We also learned that someone will always be there to help. Camp Erin was a great camp and it helped with my grief. I would love to come here again."*

– EIAN, AGE 9

## 2016/17 CAMPERS:

**Campers: 40**

Boys  
Girls



## Age of Campers

Ages  
6-9



Ages  
10-12



Ages  
13-17



## SUPPORTERS

- Dr. Bob Kemp Hospice
- Camp Wenonah
- Moyer Foundation
- PX Demody's Funeral Home
- Ippolito Group
- The Waterford Group
- Johnston Motors
- Old Republic Insurance Company
- StressCrete Group
- Royal Canadian Legion
- Mt. Hamilton Christian Reformed Church
- Mt. Hope Elementary School
- New York Life
- The Nicholas Morelli Memorial Fund
- Turkstra Foundation
- Sweet Paradise

## COMMUNITY EDUCATION

**TERI CROCKFORD,**  
*RN, BScN, MS, CHPCN (C)*  
*Clinical Nurse Specialist*



Every referral to the residential hospice from home is assessed by the clinical nurse specialist with the focus on the patient's appropriateness for placement, considering most would prefer to die at home. Every effort is made to support patients and their families at home with excellent symptom management and family support, partnering with the family doctor, CCAC, visiting nurses and hospice volunteers.

Ongoing education and mentoring, for our residential staff and community partners, involves collaboration with the co-medical directors and the residential director. This remains an integral component of providing the highest level care to patients and their families, with evidence based practice.

Our hospice partners with medical students from the Department of Family Medicine at McMaster University, McMaster Family Practice, as well as nursing students from the School of Nursing at McMaster and Mohawk College, to increase involvement with healthcare programs and community relations.

In partnership with the Division of Palliative Care, Department of Family Medicine at McMaster University,

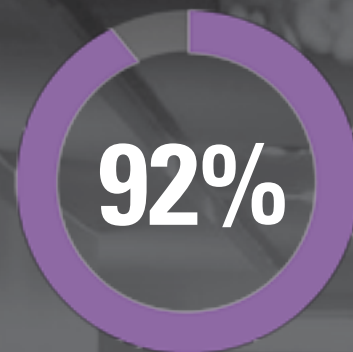
we've organized and hosted over 300 attendees at monthly "Lunch and Learn" sessions which focus on topics supporting an inter-disciplinary approach to palliative care.

Outside the hospice, we are a member of the planning committee for the 3 Days in Palliative Care and Innovations Day, McMaster University, Division of Palliative Care. This year we partnered with Hamilton Health Sciences offering a 2 day workshop in Pediatric Palliative Care.

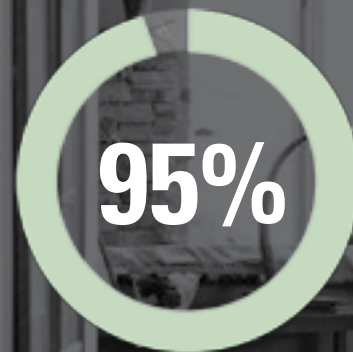
These education and supportive interventions result in decreased emergency visits and allow patients to be cared for in the right place at the right time, remaining in their home as long as they are able with admission to hospice when appropriate.

## HOSPICE EVALUATION BY PATIENTS & FAMILIES

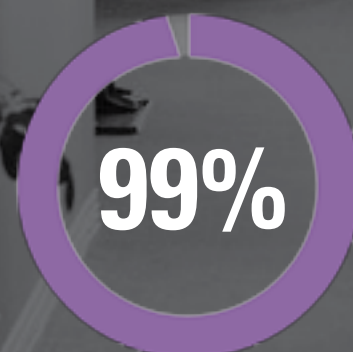
Excellence Overall:



Compassionate:



Patient Centered:



## PALLIATIVE SHARED CARE OUTREACH TEAM (PSCOT) OFFICIALLY STARTED: OCTOBER 2016

Consults for active patients: **687**

Total visits: **110**

Non-active mentorship episodes: **375**

Clients with cancer: **24**

Clients without cancer: **5**

## RESIDENTIAL PATIENT CHART AUDIT

Accuracy for pain and  
symptom management: **96%**

# COMMUNITY EDUCATION, CONT'D

## Education

The clinical nurse specialist collaboratively joined and led over one hundred educational sessions in the community, including ten Lunch & Learn seminars at the hospice with ranging topics including:

- Cachexia
- I have cancer
- I'm losing weight. Why?
- Why do palliative care providers seem reluctant to participate in MAiD?
- Reconciliation in health care: the role of the aboriginal navigator

## Mohawk College

- Lecturer for RPN program

## Hamilton Health Sciences

- Organized a 2 day Pediatric Palliative Care workshop with over 100 attendees

## Wellwood

- Program Committee Member

## Hamilton Separate School Board

- Spoke with 4 classes regarding the role of nursing, palliative care and development of compassionate communities

## McMaster University

- Committee member of Life Long Learning, Division of Palliative Care
- Partner with the Division for financial and marketing support for Lunch and Learn
- Planning, committee member and facilitator for 3 Days in Palliative Care (60 participants) and Innovations Day (110 participants)
- Co-facilitated 8 sessions of LEAP (216 participants)
- TOSCE facilitator, enhancing communication skills of medical students
- APN journal club

## McMaster University School of Nursing

- Mentored Master of Nursing students in the importance of hospice and community palliative care



**Dr. Joshua Shadd**  
Director, Division of Palliative Care  
at McMaster University



**Lunch & Learn**



# DEVELOPMENT REPORT

**CLARE FREEMAN,**  
*Executive Director*

**TRUDY COWAN,**  
*Manager of Events and Community Engagement*

**MIKE KLIMOWICZ,**  
*Branding & Communications Coordinator*

**Marking three milestones this year, our 2016 development plan engaged our efforts in four key areas:**

## COMMUNITY & STAKEHOLDER ENGAGEMENT

Our strong roots started twenty-five years ago, when Dr. Bob and Mildred Kemp dreamed about better palliative care services in their community. We would not be here today without the many volunteers and community supporters, like the East Hamilton-Stoney Creek Health Association, the many service clubs and countless volunteers, who shared Dr. Bob and Mildred's dream. Today, we still engage and rely on this solid and growing support base.

## INCREASING PERCENTAGE OF CORE FUNDING

Ten years ago, Premier Dalton McGuinty and the Ontario Government announced it would publically assist residential hospices enabling us to open our doors on August 13th, 2007 to our first resident. In 2016, **MPP Ted McMeekin (pictured)** and the Ontario Government announced an additional annualized partial funding investment, reducing our annual fund-raising requirement of one million dollars by one hundred and fifty thousand dollars and increasing our percentage of core funding.



## MEETING OPERATIONAL AND CAPITAL TARGETS

With no government funding allocated for building maintenance and repairs, we met operational and capital targets through donors, like Jean Campbell, who gave restricted donations to renovate a patient room and purchase medical equipment. We painted inside our building, replaced computers, furniture and residential room TVs. We also purchased medical equipment. Over the next few years we will remodel all the rooms with updated TVs, chairs and beds. Additionally, we will need to renovate the Nurse/PSW hub.

## BUILDING INVESTMENTS FOR TOMORROW

A LHIN study demonstrated that Hamilton does not meet the need for residential hospice beds required for our community. We must continue to work with our government and community to address the community outreach and residential hospice care needs today and into the future. As we work towards the next twenty-five years, we envision the need for our services will expand to include pediatric residential hospice care.

We will continue to engage our community to show our value and the need for our services and become your "Charity of Choice". Not only are we proud of our rich history, we are determined to continue to lead the future of palliative care in our community. We are planning today to meet the needs of the years to come.

# 2016/17 SPECIAL DONATIONS

Each year we are grateful for the special donations we receive from families in our community. In 2016 the **Falco-Smith family** donated for **updated landscaping** on our back garden; the **Yates family** held their **first annual Albion Falls Block Party** fundraiser for the Hospice; both the **Tanglao family** and **Chettle family** donated restricted funds for **new sliding doors to offer privacy in our reflection room**; and, **Jean Campbell** donated restricted funds to **renovate a patient room and purchase an ultrasound**. All of these and many more donations are made in memory of loved ones who have stayed with us and are listed under community fundraising.



Falco-Smith Family



Chettle Family



Jean Campbell



Tanglao Family



# SIGNATURE EVENTS

**TRUDY COWAN,**

*Manager of Events and Community Engagement*

Each year our four signature events prove how valued we are by the members of our community. The attendance, donations and participation of our strong, compassionate community directly enables us to deliver compassionate care that celebrates life. In 2016 our signature events raised over \$450,000. Thank you for all your tremendous support.



## 8TH ANNUAL PAINT THE TOWN RED

Held on May 5, 2016, our annual gala was a throwback to the 80's at Michelangelo's Banquet and Conference Centre. Yet another sell out, board member Dave Lumsden chaired the committee of dedicated volunteers. A special thank you to our event sponsor Deloitte.

## 12TH ANNUAL HIKE FOR HOSPICE

Held on Saturday, May 7, 2016, at Confederation Park, Bayshore Home Health continued to support the Hike for Hospice as an Event Sponsor. Trudy Cowan chaired the committee of dedicated volunteers.



## 11TH ANNUAL GOLF DAY FOR HOSPICE

On Thursday, August 25, 2016, Old Republic Canada presented the 11th annual Golf Day for Hospice at the prestigious Beverly Golf & Country Club. Golfers enjoyed a fabulous day of golf devised by committee chair Fred Hussey and a special group of volunteers.

## 12TH ANNUAL FASHION SHOW

Held on Thursday, October 13th, 2016, an "Evening in Paris" was the theme of the event presented by title sponsor Johnston Chrysler Fiat. Guests enjoyed a fabulous meal as local designers revealed the season's top fashions, won fabulous prizes and helped raise significant funds. Thanks to the event chairperson, Di Murray, and her amazing committee of volunteers.



# COMMUNITY FUNDRAISING

In 2016-17 we were honoured to have many individuals, groups and businesses raise funds for the Dr. Bob Kemp Hospice. From coin drives to wine tastings, we're always impressed by the enthusiasm and compassion our community displays in their support. We cannot thank you enough for all your hard work and dedication to support the Hospice. As these are third-party events, the Hospice does not invest staff time or financial resources and has no legal responsibilities. Further details at [kemphospice.org](http://kemphospice.org)



Yates Family - Annual Albion Falls Block Party

## DONATIONS THROUGH COMMUNITY EVENTS

- 1st Annual Albion Falls Block Party
- 2nd Annual Miller Family Soup Fest
- 2nd Annual Southwestern Ontario Mensa Trivia Night
- Ancaster, Mountain and Hamilton Rotary Clubs
- Annual Winona Peach Festival
- Donations from Various Local Churches
- Handmade In Hamilton: Locally Made Craft and Art Sale
- Maison Fritz Coin Drive
- St. Vincent De Paul Catholic Elementary School
- The Dunham Group Annual Wine Tasting
- UFCSA Casino Day

## COMMUNITY SPONSORSHIP

- Arbor Memorial
- Barry's Jewellers
- Bay City Marine
- Bay Gardens Funeral Home
- Bosanac Heating and Electric
- Claymore Financial
- Collyer Benson Capital Inc.
- Effort Trust
- Essroc Italcementi
- First Ontario Credit Union
- Genworth
- Lafarge Canada Inc.
- McNally Construction
- Meridian
- Multi Area Development Group
- Pearle Hospitality
- Ross & McBride LLP
- Skeddadle Humane Wildlife Control
- Starward Homes
- The Dunham Group
- Travel by Coco
- Union Gas

## OUR LOCAL QUILTING GUILDS

Thank you to all of you who make the quilts that provide so much comfort and support to our residents and serve as a lasting memory to their families. To the Ancaster, Binbrook and Hamilton Quilting Guilds and Lakeside Quilters: thank you so much for your beautiful work made with love and compassion.



# UPCOMING SIGNATURE EVENTS

Our efforts to fundraise also include an effort to have fun. Join us in 2018 to support the Hospice at our exciting Signature Events.



## **PAINT THE TOWN RED: Thursday, May 3, 2018**

Don't wait to book your corporate table at our 10th annual Paint the Town Red gala.



## **HIKE FOR HOSPICE: Saturday, June 2, 2018**

Bring your family and four-legged friends along for a beautiful 5km walk through Confederation Park.



## **GOLF DAY FOR HOSPICE: Summer, 2018**

Play one of Hamilton's most exclusive courses and enjoy a gourmet lunch and dinner.



## **ANNUAL FASHION SHOW: Fall, 2018**

Watch as models and notable community members show off Hamilton's premiere designer wear.

## HOW YOU CAN HELP THE NEXT FAMILY

Thanks to incredible generosity, we are honoured to serve Hamilton and surrounding community residents free-of-charge. We provide no-fee hospice care, bereavement programs, day hospice, Camp Erin Hamilton and community visiting programs.

We receive just over 50% of our funding from the government and must raise \$90,000 per month to cover the costs of keeping the lights on, programs, equipment, food, replacing worn items and more.

### **SPECIAL REQUESTS**

- Renovate the Nurse/PSW Hub
- Remodel Rooms

## WE BELIEVE THERE SHOULD BE NO BARRIERS TO QUALITY CARE

### **WAYS YOU CAN GIVE**

#### **Memorial Gifts/Celebrations of Life**

Consider naming us as your "Charity of Choice" to encourage others to support the Hospice. Donations can be made on the Hospice web site or donation cards are available in our office.

#### **Memory Path**

Join the many families that have added their loved ones to our beautiful garden memory path. For a gift of \$1000, a customized stone plaque is added to our garden. Ask our office for a form.

#### **Community Fundraising – Do your own thing**

Hosting your own fundraising event to benefit the Hospice is a wonderful way for individuals, businesses, groups and service clubs to support the Hospice and raise awareness of our programs and services. Big or small, every dollar matters. Ideas: garage sale, golf tournament, car wash, dance, lemonade stand, BBQ, coffee fund.

#### **Support our Signature Events**

Each year, the Hospice hosts four events to suit a variety of interests: a gala, a family hike, golf day and fashion show. For details and to order tickets see [kemphospice.org/events](http://kemphospice.org/events)

#### **Monthly Donor**

A convenient way for you to give a set amount through the year. \$5 per month makes a difference and helps us continue to offer care for the next family.

#### **Legacy and Dignity Gift**

Make a gift through a will, insurance, securities or bequest/capital gift or endowment.

#### **Campaigns**

Make your contributions by joining our community donor list to receive seasonal appeals.

#### **Corporate Leadership**

Several companies proudly sponsor Hospice programs. We can help you become a corporate sponsor and customize a package to meet your needs.





# WHEN THERE IS NO CURE

THERE IS COMPASSIONATE HOSPICE PALLIATIVE CARE

CAMP ERIN HAMILTON | RESIDENTIAL CARE | BEREAVEMENT | VOLUNTEER VISTING | DAY HOSPICE

[www.kemphospice.org](http://www.kemphospice.org)