



- Don't leave home without your sponsor form - that way you will always have it on hand and not lose the moment!
- Don't be afraid to ask! Tell people what you are doing and what it is for and most people will be more than willing to support you.
- Get your biggest sponsors on side first - it will encourage subsequent supporters to increase their support!
- If possible, ask people to pay you as they pledge their sponsorship. This will save you time following the event.



18th Annual
**HIKE FOR
HOSPICE**
June 25th 2022

Caring Together
to celebrate our loved ones
& support grieving hearts

JOIN US

SATURDAY JUNE 25TH, 2022

3K WALK OR 5K RUN AT CONFEDERATION PARK
9:00AM - NOON

Registration

\$45 3km Walk/ 5km Run - Age 12+

\$30 3km Walk/ 5km Run - Kids 6-11

\$30 Virtual Online Stream (for family & friends out of town!)

Kids under 5 - Free (t-shirt not provided)



To register visit kemphospice.org or call 905-387-2448 ext. 2211



Dr. Bob
**KEMP
HOSPICE**
Compassionate Palliative Care
& Bereavement Services