

T.B. McQues

ne 17th, 2023 Iten Community Park	19TH ANNUAL HIKEFOR HOSPICE JUNE 17TH, 2023
	JUNE 17119

Please print full name and address.		
Tax receipts will be issued for donations of \$20 or more	e (Excluding Registration Fees), however a full address in	cluding postal code is required.
WALKER / RUNNER NAME:	TEAM NAME (TE APPLICABLE)	AGE:

NAME	STREET ADDRESS	EMAIL	CITY	POSTAL CODE	PLEDGE	CASH/CHQ
			TOTAL &-			
			TOTAL \$			

JOIN US!

REGISTRATION FEES:

Please note there is a registration fee. You will not be issued a tax receipt for your registration fee.

EVENT RELEASE:

eam Name (If applicable) :
articipant Name:
ddress:
City:
Postal Code:
Telephone: ()
Email:
Emergency Contact Name:
Emergency Contact Phone Number: ()

ATHLETE'S WAIVER & RELEASE:

In consideration of the acceptance of this entry for the Dr. Bob Kemp Hospice's Hike for Hospice, I, for myself, my heirs, executors, administrators and assigns, waive any claim to which I may become entitled for injury or damage and re-lease the Dr. Bob Kemp Hospice and all other organizers, sponsors, representatives, their agents and employees and any other person or organization assisting in this event from any claims for damages or injury suffered by me as a result of my participation in or traveling to or from this event. I further state that I am in proper physical condition to participate in this event and am aware that participation could, in some circumstances, result in physical injury. I also give my permission for the free use of my name and picture in broadcast, telecast or written account of this event.

signature of Participant/Parent or Guardian			
r register online at:	kemphospice.akaraisin.com/Hil	ke2023	

FUNDRAISING TIPS

- Don't leave home without your sponsor form that way you will always have it on hand and not lose the moment!
- Don't be afraid to ask! Tell people what you are doing and what it is for and most people will be more than willing to support you.
- Get your biggest sponsors on side first it will encourage subsequent supporters to increase their support!
- If possible, ask people to pay you as they pledge their sponsorship. This will save you time following the event.



Caring Together

to celebrate our loved ones & support grieving hearts

JOIN US

SATURDAY JUNE 17TH, 2023

3K WALK OR 5K RUN AT T.B. McQuesten Community Park 10AM - 2PM

Registration

3km Walk Reg. Age 18+ \$20.00 **5km Run Reg. Age 18+** \$35.00

3km Walk OR Run Reg. - Kids 6+/ Highschool Students/ Seniors 65+ \$10.00

3km Walk Reg. - Family of 4 \$50.00

Kids under 5 Free



